

# The Lion's Roar

McAvinnue's Community Newsletter: Week Of December 12th

## McAvinnue's Principal's Message

Hello McAvinnue Community!

I hope that everyone had a great week and looking forward to a restful weekend as the holiday season is in full effect! We just completed a very busy but fun week at McAvinnue. There are only 10 more days of school until the Holiday Break and we are looking forward to continuing to maximize our time with learning while having as much fun as possible along the way!



We had a solid turn out for Parent/Teacher Conferences on Thursday, December 8th. Overall, the number of scheduled conferences that were completed on this evening was lower when compared to what we have had during previous school years. With the successful implementation of Class Dojo as our main daily communication system, we understand that there is consistent and meaningful contact that is occurring frequently between parents and our teachers. This is so great! However, please consider sitting down with your child's teacher formally during the next scheduled round of conferences in March 2023.

We are once again bringing back the Scholastic Book Fair to McAvinnue during the week of Monday, December 12th - Thursday, December 15th. Your child will have an opportunity to visit the Book Fair before their scheduled day to make a purchase. Your child's teacher will reach out to you with the date that week that the class will head to make purchases. Stay tuned for this outreach from your child's teacher. We will have extended hours on Wednesday, December 14th until 5:00 PM. You can come by McAvinnue after school to visit the the Book Fair! The money that is raised will be used to purchase books for our students at McAvinnue!

Finally, we are hopeful to conduct the required "School Safety Drills" (Severe Weather Emergency Drills) before the Holiday Break. Each drill will be conducted on separate days. We will keep you posted if and when we have determined dates to conduct both drills in the new 2 weeks. If we can't fit the drills in in a manner that makes sense, we will ensure that these occur in January 2023.

As we continue move through December, there are several items that you need to be aware of. Please mark your calendar for the following events and activities at McAvinnue:

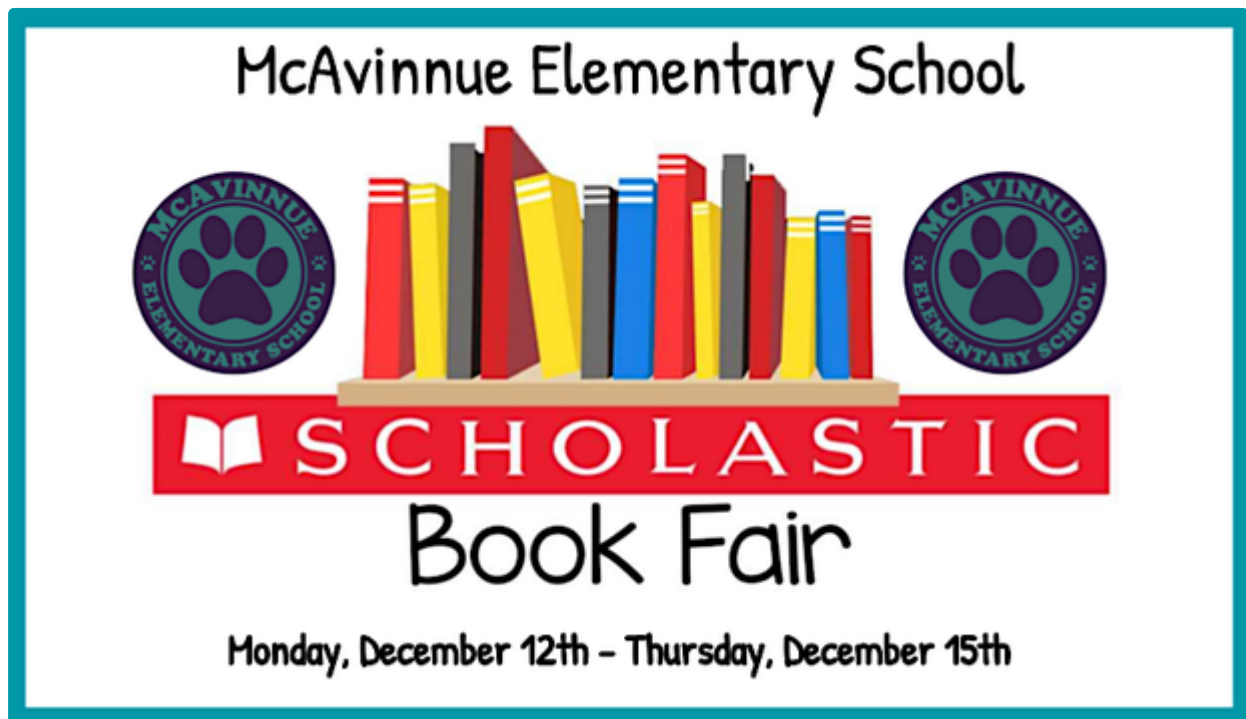
Here are a few items that you need to be aware of. Please mark your calendars for the following events and activities at McAvinnue for the few weeks:

- Monday, December 12th - McAvinnue Reopens @ 9:10 AM
- Monday, December 12th - 15th - Scholastic Book Fair
- Wednesday, December 14th - McAvinnue's Picture Retake Day @ 10:30 AM
- Thursday, December 15th - McAvinnue's Student Council Field Trip: Merrimack Valley Food Bank @ 9:30 AM
- Friday, December 16th - Report Card Distribution: PreK - Grade 4

You will find additional details for the events and activities list above in this edition of McAvinnue's "Lion's Roar" Community Newsletter.

As usual, we are looking forward to another amazing week at the "best school that we all know"!

If you have any questions, please don't hesitate to contact the Main Office at McAvinnue or send Mr. Domina a message a [mdomina@lowell.k12.ma.us](mailto:mdomina@lowell.k12.ma.us).



## Scholastic Book Fair Returns To McAvinnue!

We are once again bringing back the Scholastic Book Fair to McAvinnue during the week of Monday, December 12th - Thursday, December 15th.

Your child will have an opportunity to visit the Book Fair before there scheduled day to make a purchase. Your child's teacher will reach out to you with the date that week that the class will head to make purchases. Stay tuned for this outreach from your child's teacher.

We will have extended hours on Wednesday, December 14th until 5:00 PM. You can come by McAvinnue after school to visit the the Book Fair!

The money that is raised will be used to purchase books for our students at McAvinnue!

## McAvinnue's Picture Retake Day

We will host a Picture Retake Day on Wednesday, December 14th starting at 10:30 AM.

Students who would like a retake just need to bring in their original package of pictures. Additionally, students that were absent or who did not order on the original picture day can also purchase photos with a form or call O'Connor Studio's customer support line at (978) 640-6250. Online ordering is not available on retake day.

If you need a picture order form, please contact or stop by the Main Office at McAvinnue.



## UPDATED: Report Card Distribution: PreK - Grade 4

UPDATE: We will be distributing report cards to all students (PreK - Grade 4) on Friday, December 16th. The original distribution date was scheduled to occur on Monday, December 12th...but, we needed to push back this distribution as we are scheduled to have a new copier delivered to McAvinnue for the Main Office on Monday. The new copier will be set up on Tuesday and should be ready to print on Wednesday.

We apologize for the delay in this process. However, we received more detailed delivery and setup information on Friday, December 9th and needed to make an adjustment to accommodate this transition.

If you have any questions, please reach out to the Main Office for support.





### McAvinnue's Week In Review



#### "Good News" From The Before School Program!

Check out the winter luminaries the students made with markers, paper, and led candles. Really cool!



#### "Kind News" In Room 208!

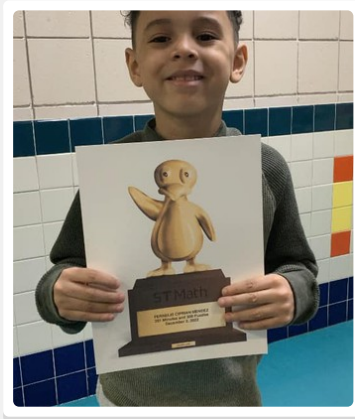
When Kindergarten students show or demonstrate an act of kindness during the school day, they will earn a chance to add a candy cane on the classroom holiday tree!



#### "Good News" from the Art Room!

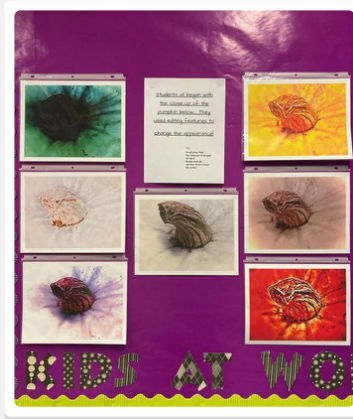
Kindergarten and Grade 1 are using their "Fun Art Friday" to collaborate on some Winter Decorations for the school! Amazing!





## "Hard Work" in Room 207!

In Room 207, Fernelis has totally dedicated any free time to working on ST Math! He has worked so hard to solve problems! This past week he completed 308 puzzles during 291 minutes of ST Math! Amazing work!



## Photography Work In Grades 3 & 4!

As part of McAvinnue's After School Program, Grade 3 & 4 students were each given a photograph of a white pumpkin seen in the middle of the photo under the paper. They then used editing features on an IPAD to change the give the image a different look. They focused on the following editing features: brilliance, saturation, highlights, shadows, contrast, brightness, vibrance, and exposure!




## McAvinnue's "Artist of the Week"

McAvinnue's "Artist of the Week" is Victor in Room 109! Victor created amazing patterns on his winter hat. He used repeating lines, shapes, and colors to create his patterns!


## McAvinnue's "Musician Of The Week"


McAvinnue's "Musician Of The Week" is Micah in Room 301! He did a great job with the Turkey Tango activity, paid special attention to Beethoven Lives Upstairs, and he tries to include everyone in Music class.



## McAvinne School

### Musician Of The Week





Micah in room 301

November 28 - December 2

Micah did a great job with Turkey Tango.

Micah also paid special attention to 'Beethoven Lives Upstairs'.

Micah always tries to include everyone in music class.

## ST Math Weekly Update

Check out our ST Math celebrations below! Our student have continued to work really hard on this interactive and engaging math learning platform.

Congratulations to the top 6 classrooms for completing our newest ST Math puzzles! Also, here's percent progress at the school and grade levels or class levels. We continue to make great progress with this as a school! Finally, how about those puzzles!! Check out our school total. We are almost at 400,000 puzzles completed in just a little over 3 months....now this is some hard work!

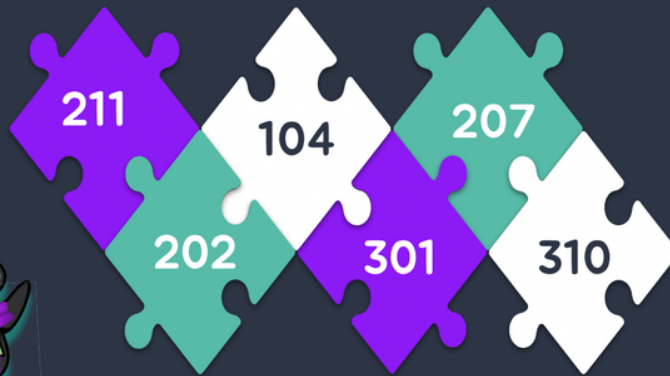


ST Math's next challenge, The Winter Waddle, is in the works. Details are headed everyone's way this week! Stay tuned...

Be sure to reach out with those 100%ers and with any special recognitions for your class!



## Top Classrooms for our newest ST Math puzzlers



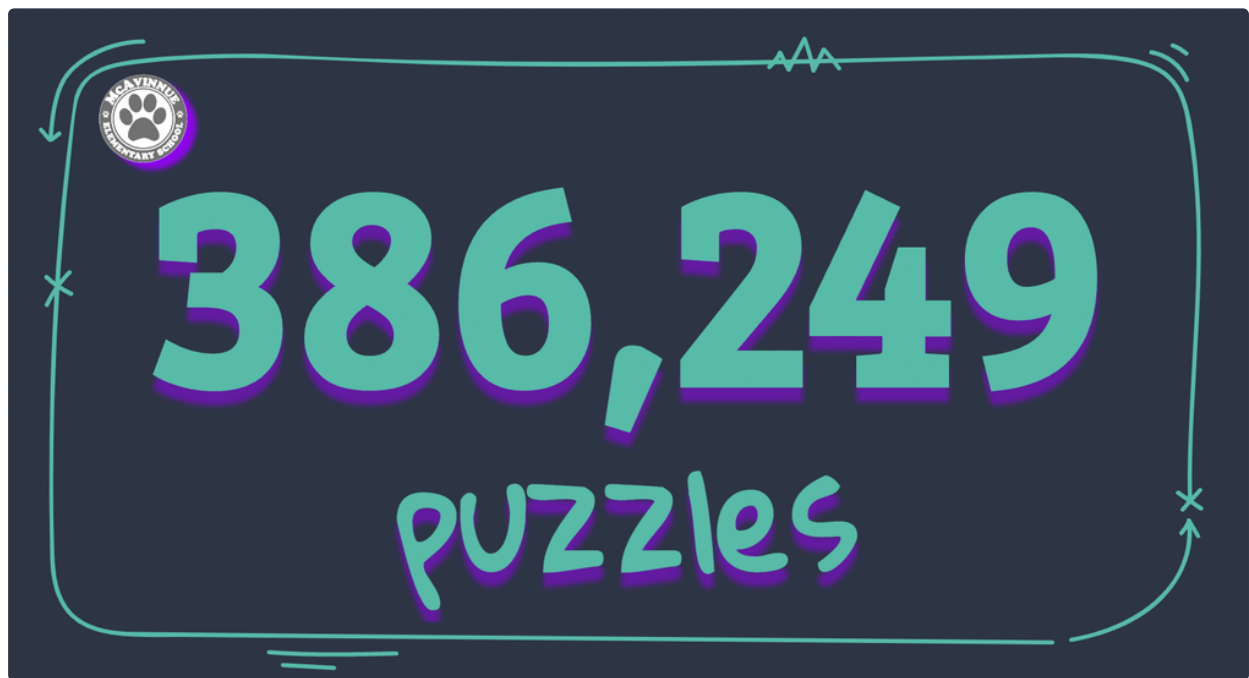
Percent Progress

# 39%

Grade Level or Classroom	Percent Progress
PreK	26%
Kindergarten	32%
Grade 1	43%
Room 109	18%
Grade 2	37%
Grade 3	42%
Room 108	37%
Grade 4	42%







## McAvinnue's "Lion's Pride" Core Value Student Recognition: November 2022



**Respect**



**Responsibility**



**Safety**

## McAvinnue's Student Council "Food Drive"

McAvinnue's Student Council has started their first community service project of the school year! They are seeking donated food items that will be delivered to support the Merrimack Valley Food Bank.

They need canned goods and other dry food products.

Check out their video below for all of the details!

## McAvinnue's Student Council - Food Drive 2022



## McAvinnue's Student Daily Attendance Policy



Please click the links below to access McAvinnue's Student Attendance Policy for the 2022-2023 academic school year. For your convenience, we have included the policy flyer in multiple languages.

If you have any questions, please don't hesitate to reach out directly.



Attendance English.pdf

[Download](#)

1.2 MB



Attendance Spanish.pdf

[Download](#)

1.7 MB



Attendance Portuguese.pdf

[Download](#)

1.8 MB



## Upcoming Events

Here are important dates to remember for the month of December:

- Monday, December 12th - McAvinnue Reopens @ 9:10 AM
- Monday, December 12th - 15th - Scholastic Book Fair
- Wednesday, December 14th - McAvinnue's Picture Retake Day @ 10:30 AM
- Thursday, December 15th - McAvinnue's Student Council Field Trip: Merrimack Valley Food Bank @ 9:30 AM
- Friday, December 16th - Report Card Distribution: PreK - Grade 4
- Monday, December 19th - Kindergarten Field Trip: Concord Museum (2 Classes)
- Tuesday, December 20th - Kindergarten Field Trip: Concord Museum (2 Classes)
- Thursday, December 22nd - McAvinnue's "Lion's Pride" Core Value All School Meeting @ 9:30 AM - 10:15 AM
- Friday, December 23rd - McAvinnue's "Grinch Day"
- Friday, December 23rd - Holiday Break Begins @ 3:30 PM
- Monday, December 26th - Monday, January 2nd - Holiday Break - No School

## McAvinnue Elementary School



# GRINCH DAY

**Friday, December 23rd**



## McAvinnue's "Grinch Day"

Back by popular demand...we will be bringing back McAvinnue's "Grinch Day"! On Friday, December 23rd, we will have a school wide themed "Grinch Day" for all classrooms. On this day, everyone can wear green, choose to wear something Grinch themed, or even dress like one of the characters featured in the story! Teachers will read the story, watch the movie, and celebrate how they see fit with some fun and engaging "Grinch" activities!

Each classroom will decorate the doorway to their learning space in full Grinch themed effect! Students will vote on the winner at each grade level and the big announcement will be made at the special all school meeting on Friday, December 23rd in the afternoon before dismissal for the Holiday Break! Classrooms have already started this work...and things are looking really amazing already!

Finally, we will have a Grinch themed "Minute-To-Win It" All School Meeting at the end of the day 2:15 PM - 3:15 PM where faculty will battle against each other in team activities/challenges! More information to come with this.

This should be a great way to spend the day before we all leave for the Holiday Break!

## Check Out McAvinnue's "Virtual" Morning Announcements!

Like we had successfully done last school year, a new edition of McAvinnue's "Virtual" Morning Announcements will be presented to our students on Monday, Wednesday, and Friday each week. We will continue to use Tuesday and Thursday each week to be used for "Open Circle"....our Social Emotional Learning (SEL) program that focuses on community building, prosocial decision making, and appropriate responses to daily stressors both within the school and home settings.



This will continue to be a great way to bring our school together each day focusing on the same message to get the energy, commitment, and engage up before we launch into another great day at "the best school we all know".

You can check out each edition of McAvinnue's Morning Announcements on our YouTube channel using the link below.

[https://www.youtube.com/channel/UC7hxiBuRjgjqfASl\\_RLMleQ](https://www.youtube.com/channel/UC7hxiBuRjgjqfASl_RLMleQ)

If you want a peek of the latest edition of McAvinnue's "Virtual Morning Announcements", check out the video below!



## McAvinnue's Yoga Pose Of The Week: "Boat"

We will practice a new pose this week called the "Boat"! This new "orange" pose will allow us to increase our strength by practicing this challenging pose that focuses on our core and balance. We will practice the "Boat" pose daily during our "Virtual" Morning Announcements during this up and coming week on Monday, Wednesday, and Friday.



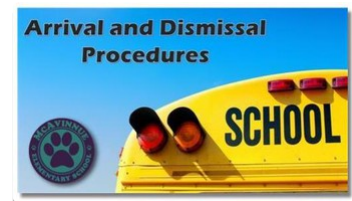
You can get an early head start and practice this technique before we launch into another exciting week!



## Drop-Off & Pick-Up Logistics

### Drop-Off Logistics

- Arrival begins at 9:10 AM each day. The late bell rings at 9:25 AM.
- Please pull up to the 4th Avenue side of the building when dropping off your child.
- As you approach the 4th Avenue sidewalk, a faculty member will greet and support getting your child safely out of the vehicle.
- This area is a drop off area ONLY. You will not be permitted to park in this location.
- Please be sure to drive all the way down to the end of the sidewalk so we can fit as many vehicles in this location as possible.
- Ensure your child is ready to go and do not get out of the car so we can keep traffic moving.
- Students accessing our CSA program will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway.
- Large bus students will enter using the back door located in the rear of the school building.
- Small bus and van transportation students will use the 4th Avenue door near the rear of the school building by the exit driveway.



### Morning Lining Up Locations

- Grade 1, 3, and 4 students will use the Main Door to enter the school building.
- Grade 2 will use the 4th Avenue doorway near the front of the school to enter the building.
- PreK & Kindergarten will use the Early Childhood door to enter the building. This door is located to the right of McAvinnue's Reading Garden and to the left of the Main Door.

### Pick-Up Logistics



- Grade 1 will be dismissed out the Main Door.
- Grades 2, 3, and 4 will be dismissed out the 4th Avenue door near the front of the school.
- Kindergarten students will be dismissed out the Early Childhood door. This door is located to the right of McAvinnue's Reading Garden and to the left of the Main Door.
- Students accessing our CSA program will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway.
- PreK students will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway. Please contact Ms. Annie for the specific dismissal time.

## School Bus Transportation Information



School bus transportation is provided to students in grades K-4, who live greater than .75 mile from their residence or alternate address to their assigned school. Middle school students (grades 5-8) must live greater than 1.5 miles from their residence or alternate address to their assigned school.

Kindergarten through 4th grade students will receive a printed bus pass via postal mail. These passes were mailed out on August 24th. You can also look up your student's bus pass information by using their Student ID for the username and date of birth for the password at the link below. This is the same information that students use to log in to their Chromebooks for school.

Please note that Kindergarten and 1st grader students **must** have an older sibling (4th grade or older) or parent present at the bus stop in the afternoon in order to depart from the school bus. If a parent or older sibling is not present, the student will be brought to the Moody School, located at 158 Rogers Street. A driver's license or valid identification must be presented to the staff in order to dismiss the student.

You can use the LPSD "Bus Lookup Tool" using the link below. You will need to use you child's LASID or lunch number along with their birthdate to access this helpful system.

There also is a helpful video that you can watch that will walk you through the process.

[Click Here For The LPSD "Bus Lookup Tool"](#)

You will need to have your child's LASID or lunch number to access the most up to date bus information for your child. Please keep in mind that this number is also used to log into your child's borrowed device.

## Bus Pass Lookup Tutorial



## Need Info? FREQUENTLY ASKED QUESTIONS & ANSWERS



**How can I update my contact information (phone number/email/address)?**

- Go online to the Family Resource Webpage (<https://www.lowell.k12.ma.us/UpdateContactInfo>) and fill out the “contact us” form. Families who don’t have access to the internet can fill out the form in person at the Family Resource Center. If an address change is related to economic factors or housing instability (family moves in with relatives, eviction, hotel/motel, fire or unsheltered, please contact the McKinney Vento Office located at the Family Resource Center in person (151 Merrimack Street), by phone (978-674-4321) or go to the webpage at <https://www.lowell.k12.ma.us/HomelessAssistance>.

**How do I update my emergency contacts?**

- If you were in the school last year we will send a verification sheet out. if you are new we will send home an emergency form to fill out on the first day of school or use the online form found in this newsletter.

**What should I do if my child needs a Chromebook or if my child's Chromebook needs repairs?**

- Families should contact their school to coordinate the issuing of a new Chromebook or to schedule repairs. After the school year begins, the district will resume its “tech tent” services and will inform families via email, text, and phone once the services resume.

**How do I register my child for the new school year?**

- All school registrations are completed online using a computer or laptop. You can access the online application by going to <https://www.lowell.k12.ma.us/SchoolRegistration>. If you only have

a mobile device and don't have access to a computer or laptop, you can register in person at the Family Resource Center (151 Merrimack Street). Please call the Family Resource Center if you have any questions (978-674-4321).

### What should I do if I need to register my child(ren) and I don't speak English?

- The Lowell Public Schools is committed to providing translation and interpretation services for families who require assistance in a language other than English. The online registration application and website is translated in Spanish and Portuguese and can be accessed by going to <https://www.lowell.k12.ma.us/SchoolRegistration>. For all other languages, please call Vannak Khin at (978) 328-6782 to arrange services. In-person language interpretation support for registration can be accessed by visiting the Lowell Public Schools at 151 Merrimack Street. Families can also call the Family Resource Center at (978) 674-4321 to make an appointment with a Bilingual Family Liaison.

### How old does my child need to be to enroll in preschool or kindergarten?

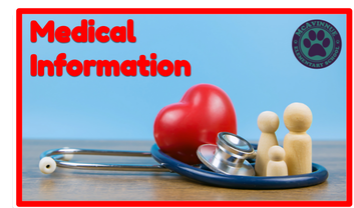
- A child must turn 4 years old on or before September 1, 2021, in order to apply for preschool and 5 by September 1 to apply for kindergarten. A family can apply for preschool by going to <https://www.lowell.k12.ma.us/PreschoolRegistration> to fill out an online application or <https://www.lowell.k12.ma.us/KindergartenRegistration> for kindergarten. For registration questions, please call (978) 674-4321.

### How do I apply for a transfer for my child to change schools in the new year?

- Per the 2021-22 School Assignment Policy, all students have the option to request one school transfer per year. Families can apply online by going to <https://www.lowell.k12.ma.us/SchoolTransfer> or can come to the Family Resource Center in-person to complete the application. Transfers are assigned on a space availability basis.

## Medical Information Reminder

Any students who have emergency medications (Epi-Pens, inhalers, etc.) or who will receive medication in school must have a medication order from the prescribing physician AND a completed consent form from the City Health Department.



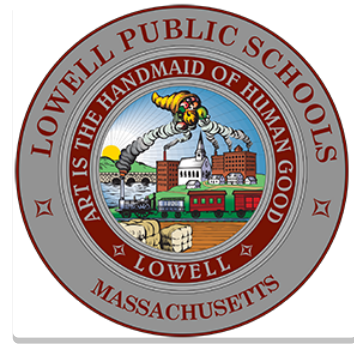
Forms and medication can be dropped off to Nurse Robin any time during the school day. However, it's ideal to drop things off between 9:10 AM - 9:30 AM each day.

Nurse Robin cannot administer ANY medications without a physician's order, including over-the-counter medications. Please make sure that the school nurse is provided refills in advance of any medication supply running out.

If you have any questions, please reach out to Nurse Robin directly,



Please see the message that was recently sent out regarding the latest COVID-19 guidance for this school year.



*"Dear Lowell Public Schools Families,*

*We are looking forward to welcoming you all back to school on August 31st (Sept 7th for PreK and Kindergarteners) for the start of the 2022-2023 school year!*

*We would like to take this time to share the latest COVID-19 guidelines and policies:*

- There will be no more in-school testing or contract tracing and schools will be distributing one last at-home testing kit, which will expire Sept. 29.*
- Masks are not required (except for in the school nurse's office), but staff and students who wish to wear a mask may do so.*
- Students and staff who do have a positive case of COVID-19 must stay out of school for a minimum of five days, but may return if symptoms improve on days 6-10 if they wear a high-quality mask.*

*The Centers for Disease Control's latest COVID-19 guidance can be found here:*

*<https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html>*

*We ask that you continue to stress good hygiene habits to your children, such as thorough hand washing and coughing into their elbows when they cough, and ask them not to share cups or water bottles with friends.*

*We strongly encourage all who are able to do so to receive the COVID-19 vaccine and subsequent boosters. We are thankful to our partners at the Massachusetts Department of Public Health, who provided vaccinations at our Back-to-School Block Party, which was attended by more than 3,000 people. To find a location to receive a vaccine or booster, as well as additional information about the vaccine, visit: <https://www.lowellma.gov/1523/COVID-19-Vaccine>"*

## **2022-2023 School Year Calendar**

Superintendent of Schools-Lowell Public Schools- Lowell, MA  
2022-2023 School Year Calendar

Monday, August 29, 2022	Staff Return to School for Staff Orientation Day
Tuesday, August 30, 2022	Staff Professional Development Day at School Site
Wednesday, August 31, 2022	First Day of School - Grades 1-12
Friday, September 2, 2022	No School Labor Day Recess
Monday, September 5, 2022 *	No School - Labor Day
Tuesday, September 6, 2022	No School for Students - Primary Election - Professional Day for Staff
Wednesday, September 7, 2022	First Day of School - Pre-Kindergarten & Kindergarten
Monday, October 10, 2022 *	No School - Indigenous Peoples' Day
Tuesday, November 8, 2022	No School for Students - Election Day - Professional Day for Staff
Friday, November 11, 2022 *	No School - Veterans' Day Observed
Wednesday, November 23, 2022	Early Dismissal - Thanksgiving Recess
Thursday, November 24, 2022 *	No School - Thanksgiving Day
Friday, November 25, 2022 *	No School - Thanksgiving Recess
Monday, November 28, 2022	Schools Re-Open
Friday, December 23, 2022	Holiday Vacation Begins at the Close of Day
Saturday, December 24, 2022 *	Christmas Eve [Holiday Vacation: Saturday, December 24 - Sunday, January 1, 2023]
Sunday, December 25, 2022	Christmas Day
Monday, December 26, 2022*	Central Office and Family Resource Office Closed
Friday, December 30, 2022*	New Year's Eve
Sunday, January 1, 2023	New Year's Day
Monday, January 2, 2023*	Central Office and Family Resource Office Closed
Tuesday, January 3, 2023	Schools Re-Open
Wednesday, January 11, 2023	Wednesday - Early Release for grades PreK-12
Monday, January 16, 2023 *	No School - Martin Luther King, Jr. Day
Friday, February 17, 2023	Mid-Winter Vacation Begins at the Close of School
Monday, February 20, 2023 *	President's Day [School Vacation: Monday, February 20 - Friday, February 24, 2023]
Monday, February 27, 2023	Monday - Schools Re-Open
Wednesday, March 8, 2023	Wednesday - Early Release for grades PreK-12
Friday, April 7, 2023 *	No School - Good Friday
Friday, April 14, 2023	Spring Vacation Begins at the Close of School
Monday, April 17, 2023 *	Patriot's Day - [School Vacation: Monday, April 17 - Friday, April 21, 2023]
Monday, April 24, 2023	Schools Re-Open
Monday, May 29, 2023 *	No School - Memorial Day
Thursday, June 15, 2023	180 <sup>th</sup> School Day
Monday, June 19, 2023 *	Juneteenth
Friday, June 23, 2023	185 <sup>th</sup> School Day [Includes five (5) Snow Days]



Approved by the Lowell School Committee at their meeting of May 4, 2022

\* Central Administration, Family Resource Center will be closed in observance of a holiday

Number of School Days Per Month	
August 1	January 20
September 19	February 15
October 20	March 23
November 18	April 14
December 17	May 22
	June 11

[Click To Access The 2022-2023 School Calendar](#)

## December Breakfast & Lunch Menu



**LOWELL**  
PUBLIC SCHOOLS

# Breakfast

# MENU

## December Elementary Breakfast Menu

Check out <https://lowellk12ma.nutrislice.com/> for Menu's, Nutrition Education & Monthly Promotions! Questions or concerns please contact [foodservices@lowell.k12.ma.us](mailto:foodservices@lowell.k12.ma.us)

All Breakfast items are whole grain. Offered Daily: 1 % and Skim Milk and Fresh Fruit All Breakfast is provided free for all students. Menu is subject to change.



<p><b>5</b> Breakfast Sausage Pizza Bagel  Cranberry, Orange Oatmeal Round  Served with Orange and Milk</p>	<p><b>6</b> Blueberry Muffin Benefit Bar Served with Juice, Pear and Milk</p>	<p><b>7</b> Cinnamon Sugar Donut Assorted Cereal Bowl with Graham Cracker Served with Juice, Pear and Milk</p>	<p><b>8</b> Blueberry Waffle with Maple Syrup Nature Valley Oatmeal Round Served with Juice, Pear and Milk</p>	<p><b>2</b> Bagel with Cream Cheese Assorted Cereal Bar with Graham Cracker Served with Banana and Milk</p>
<p><b>12</b> Warm Pumpkin Bread Oatmeal Raisins Round Served with Orange and Milk</p>	<p><b>13</b> Double Chocolate Chip Muffin Benefit Bar Served with Juice, Pear and Milk</p>	<p><b>14</b> Sausage, Egg and Cheese Bagel Sandwich Assorted Cereal Bowl with Graham Cracker Served with Orange and Milk</p>	<p><b>15</b> Blueberry Waffle with Maple Syrup Nature Valley Oatmeal Round Served with Banana and Milk</p>	<p><b>9</b> Bagel with Cream Cheese Assorted Cereal Bar with Graham Cracker Served with Apple and Milk</p>
<p><b>19</b> Warm Pumpkin Bread Oatmeal Raisins Round Served with Orange and Milk</p>	<p><b>20</b> Double Chocolate Chip Muffin UBR Bar Served with Juice, Pear and Milk</p>	<p><b>21</b> Sausage, Egg and Cheese Bagel Sandwich Assorted Cereal Bowl with Graham Cracker Served with Orange and Milk</p>	<p><b>22</b> Blueberry Waffle with Maple Syrup Nature Valley Oatmeal Round Served with Banana and Milk</p>	<p><b>16</b> Bagel with Cream Cheese Assorted Cereal Bar with Graham Cracker Served with Apple and Milk</p>
<p><b>26</b> </p>	<p><b>27</b></p>	<p><b>28</b></p>	<p><b>29</b></p>	<p><b>30</b> </p>

**HOLIDAY VACATION – NO SCHOOL**



# DECEMBER 2022 ELEMENTARY LUNCH MENU

**Breakfast and Lunch is Free for all Students!**  
 Our menu consists of **Whole Grains, Fresh Fruits and Vegetables.**  
 Students must take a fruit and/or vegetable with each lunch.  
 All Meals served with milk.  
 Sunbutter and Jelly and Vegetarian Meals served daily.

In accordance with Federal Law and U.S. Department of Agriculture policy, this Institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			- Loaded Baked Potato with Com Muffin - Broccoli Cheddar Baked Potato with Com Muffin - Crispy Chicken Sandwich & Spicy Crispy Chicken Sandwich - Pretzel Power Pack V - Turkey Bahn Mi Sandwich - Green Beans & Carrots - Pears & Fresh Fruit Cup	- Cheese Pizza V - Buffalo Chicken Pizza - Cobb Salad with Flatbread LG - Tuna Salad Sandwich on a Bulkie Roll - Red Pepper Strips & Side Salad - Apples & Bananas
-Country Chicken Bowl with Com Muffin -Country Vegetarian Nuggel Bowl with Flatbread LG V -Chicken Parm Sub -Mediterranean Hummus Salad with Flatbread LG V -Italian Sub -Carrots & Com -Apples & Peaches	-Beef Nachos with Tortilla Chips -Kickin Bean Nachos with Tortilla Chips -Cheesburger & Hamburger -Bagel Power Pack V -Moroccan Harissa Wrap -Kickin Beans & Broccoli -Oranges & Strawberries	-Penne Bolognese with Parmesan -Crispy Chicken Sandwich & Spicy Crispy Chicken Sandwich -Chef Salad with Flatbread LG V -Italian Sub -Cucumber & Carrot -Bananas & Apples	-Chili Garlic Popcorn Chicken Lo Mein -Cheese Quesadilla V -Bagel Power Pack V -Moroccan Harissa Wrap -Green Beans & Carrot -Strawberries & Fresh Fruit Cup	-Cheese Pizza V -Loaded Baked Potato Pizza LG -Mediterranean Hummus Salad with Flatbread LG V -Italian Sub -Red Pepper Strips & Side Salad -Apples & Bananas
-Chicken Pot Pie with Biscuit Cust -Hamburger & Cheesburger -Black Bean Burger V -Chicken Caesar Salad with Flatbread LG -Turkey and Cheese Sandwich -Broccoli & Carrots -Apples & Pears	-Amez con Pollo -Fish Po' Boy Sandwich with Coleslaw -HOTM - Chicken Shawarma Wrap -Hummus Platter V -Kickin Beans & Broccoli -Clementines & Apples	-LTO - Hamburger Mac and Cheese -Mac and Cheese V -Crispy Chicken Sandwich & Spicy Crispy Chicken Sandwich -Chef Salad with Flatbread LG -Turkey & Cheese Sandwich -Cucumber & Carrots -Bananas & Apples	-General Tso's Popcorn Chicken with Fried Rice -General Tso's Tofu Steak with Rice V -Pizza Cruncher V -HOTM - Chicken Shawarma Wrap -Hummus Platter V -Green Beans & Carrots -Pears & Fresh Fruit Cup	-Cheese Pizza V -Hawaiian Pizza -Chicken Caesar Salad with Flatbread LG -Turkey and Cheese Sandwich -Red Pepper Strips & Side Salad -Apples & Bananas
-French Toast Stick with Chicken Sausage -French Toast with Vegetarian Sausage V -Chicken and Vegetable dumplings with vegetables -Chef Salad with Flatbread LG V -Chicken Salad Sandwich on a Bulkie Roll -LTO: Local Winter Vegetable Medley -Apples & Peaches	-Beef Taco with 6" Tortilla Wrap -Kickin Bean Taco with 6" Tortilla Wrap V -Crispy Chicken Sandwich & Spicy Crispy Chicken Sandwich -Yogurt & Fruit Power Pack V -Greek Chicken Wrap -Kickin Beans & Broccoli -Oranges & Apples	-HOLIDAY DINNER -Baked Ham with Pineapple Sauce -Chicken Tendies with Dinner Roll -Mashed Potatoes -Roasted Vegetable Medley -Bananas & Apples	-Szechuan Chicken with Rice -Szechuan Tofu with Rice V -Hamburger & Cheesburger -Yogurt & Fruit Power Pack V -Greek Chicken Wrap -Green Beans & Carrots -Pears & Fresh Fruit Cup	-Cheese Pizza V -Pepponi Pizza -Greek Salad with Flatbread LG V -Chicken Salad Sandwich on a Bulkie Roll -Red Pepper Strips & Side Salad -Apples & Bananas
26	27	28	29	30
 <h2 style="font-size: 2em;">HOLIDAY VACATION – NO SCHOOL</h2> 				

This institution is an equal opportunity provider.



Elementary DEC Breakfast Menu 22.23.pdf

[Download](#)  
239.3 KB



Elementary DEC Lunch Menu 22.23.pdf

[Download](#)  
366.6 KB

## Parent & Family Resources

**ATTENTION: Current Kindergarten Families**

The Early Childhood Department would like your assistance in collecting data from **currently enrolled Kindergarten children** and families with children under the age of five.



If you have a child attending Kindergarten this school year, 2022-23, please fill out the following survey. Your response to this three-minute survey will provide Lowell Public Schools with data to inform early childhood programming in future years. If you complete the survey by January 15, 2023, you will be eligible to win a \$50.00 Market Basket Card.

English: <https://www.surveymonkey.com/r/2MT98CB>

Spanish: <https://www.surveymonkey.com/r/2WKRQ2Y>

Portuguese: <https://www.surveymonkey.com/r/2RLNJQY>

Khmer: <https://www.surveymonkey.com/r/2JLJD6L>

Please also share the links below with preschool and kindergarten families as it is likely that they will have other children under the age of five.

## ATTENTION: Current Pre-Kindergarten Families



If you have children under the age of five, please fill out the following survey. Your response to this three-minute survey will provide Lowell Public Schools with data to inform early childhood programming in future years. If you complete the survey by January 15, 2023, you will be eligible to win a \$50.00 Market Basket Card.

English: <https://www.surveymonkey.com/r/GH2NB2N>

Spanish: <https://www.surveymonkey.com/r/H93X7SW>

Portuguese: <https://www.surveymonkey.com/r/RGGFXXF>

Khmer: <https://www.surveymonkey.com/r/WRV6TRP>

## Holiday Help At McAvinnue

Dear Parent or Guardian, as the holidays approach, many of us are already thinking about the financial stretch it would mean to our pockets. Please reach out to us if we can help you these holidays with toys or basic needs like food or clothes. If you haven't already signed up with other community agencies. We are limited in the things we can offer since we don't gift expensive electronics, but we will do our best to get things your child likes or needs.



Please also reach out if you need some assistance with Thanksgiving since we sometimes get Thanksgiving baskets donated by local groups.

You can contact the school directly or reach out to our Social Worker Team, Mrs. De La Luz, Mrs. Teague-Power, and Ms. Rigon for assistance and guidance.

## SNAP Benefits For Families

A flyer with a dark blue background and a decorative border of small white dots. The text is in white and yellow. It features a list of benefits and contact information. There are small images of a grapefruit slice, almonds, and green beans on the sides.

**BOOST YOUR  
FOOD BUDGET.**

Start with **SNAP** and get help paying for food—for you, and anyone you're responsible for.  
**GettingSNAP.org**

WITH SNAP (SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM) BENEFITS, YOU CAN:

- **Boost your grocery budget with monthly funds** you can use at locations of your choice, statewide.
- **Automatically qualify your kids for free school meals**, no application needed.
- **Automatically qualify to participate in the Healthy Incentive Program (HIP)**, which lets you earn additional money to spend on groceries when you purchase fruits and vegetables from your local participating HIP vendors.
- **Shop for the food you like**, that meets your dietary needs, allergy restrictions, and cultural preferences.

If you're having trouble paying for groceries—whether or not you're working—you could be eligible for SNAP. Visit **GettingSNAP.org** or call **1-800-645-8333** for help.

 **PROJECT BREAD** 





**WE'RE HERE FOR YOU.**

Call our **FoodSource Hotline** at **1-800-645-8333** to find out if you qualify for SNAP with help from our trained counselors.

**SNAP FACTS**  
 SNAP is the Supplemental Nutrition Assistance Program, or, in other words, money for food. If you apply and are eligible, you are guaranteed to receive the benefits—in the form of a monthly cash stipend on an EBT card, that can be used just like a debit card for food shopping.

**AM I ELIGIBLE?**  
 If you could use help affording food, you could be! SNAP can help whether you're working or currently unemployed. All types of people, from single adults to families to seniors, receive SNAP benefits—it's a benefit meant to supplement your grocery budget. Call our FoodSource Hotline or visit [StartWithSnap.org](http://StartWithSnap.org) to find out more.

**WHAT IF I'M NOT A U.S. CITIZEN?**  
 Go on and reach out to us via our FoodSource Hotline (1-800-645-8333). Many non-citizens are eligible for SNAP.

**YOU'VE CONVINCED ME. SO HOW DO I APPLY?**  
 Be prepped with your personal information, such as your Social Security number (if you have one), your birthdate, mailing address, phone number, income, and expenses. Then, you can:

- Call our FoodSource Hotline at 1-800-645-8333
- Apply online at [dtaconnect.eohhs.mass.gov/apply](http://dtaconnect.eohhs.mass.gov/apply)
- Or download a paper application from [mass.gov/SNAP](http://mass.gov/SNAP), or call our FoodSource Hotline to request one to be sent in the mail

If you're having trouble paying for groceries—whether or not you're working—you could be eligible for SNAP. Visit [GettingSNAP.org](http://GettingSNAP.org) or call **1-800-645-8333** for help.

## Emergency Contact Form: 2022-2023

Get a jump start now and complete your emergency contact form for the 2022-2023 academic school year?



We have made it really easy for you to complete this important task. You can access the online form below. When you complete this form, it is immediately sent to McAvinnue and we will print it out for our records.

You don't need to come to the school to complete this form...you can do it right on your phone, tablet, or computer!

If you have any questions, please reach out to Mrs. De La Luz at [adelaluz@lowell.k12.ma.us](mailto:adelaluz@lowell.k12.ma.us) or contact the Main Office at McAvinnue for support!



Joseph A. McAvinnue School



# Emergency Form

## Formulario de Emergencia

## Formulário de Emergência 2022-2023



[Sign in to Google](#) to save your progress. [Learn more](#)

### McAvinnue Spirit Gear By Prep Sportswear

We have an online store if you wish to order any McAvinnue gear! It is open 24 hours per day and there is no due date for orders. Anytime you want to order...on any day!

The company is Prep Sportswear and has been reliable with solid product quality from reputable brands.

**There is a 30% off deal occurring now on all items! This is a major discount if you are interested in purchasing McAvinnue merchandise.**



We are also exploring additional local options to purchase McAvinnue gear. Stay tuned for more information in the month of September.

To access our current online store for McAvinnue spirit gear, please click the link below.

[Click To Access Prep Sportswear Spirit Gear](#)



Fresh,  
seasonal  
produce!

# Indoor Winter Farmers' Markets

Select Wednesdays & Thursdays  
Starting November 16

Shop fresh and local at UMass Lowell's  
University Crossing and at  
Mill City Grows' ROOT Kitchen!

**Use your SNAP/EBT and HIP benefits**





Fresh,  
seasonal  
produce!

# ROOT Kitchen at Mill City Grows

Bi-weekly on Thursdays  
2pm - 5pm

<b>2022</b>	<b>2023</b>
November 17	January 5 & 19
December 1 & 15	February 2 & 16
	March 2 & 16

19 Hall Street

### Community Connections & Opportunities



## The Sun Santa Is Back!

The "Sun Santa" is pleased to again work with Community Teamwork, Inc., and The Salvation Army to help area families in need during the holidays. All interviews for assistance from The Sun Santa Fund will be conducted by these agencies. Due to COVID-19 concerns, applications will be ONLINE ONLY, no in-person application sessions.



Starts Monday, Oct. 3rd, and runs until the agency's Angel Tree Assistance Program reaches capacity.

### Required information:

- Birth certificates for EACH child under age 16\*
- Photo ID for Parent/Guardian
- Proof of Address
- A valid email address to confirm follow-up appointments
- Guardianship papers to be uploaded under Birth Certificate tab

Website link: [www.saangeltree.org](http://www.saangeltree.org)

Questions/Assistance:

Dianne James, 978-458-3396; [dianne.james@use.salvationarmy.org](mailto:dianne.james@use.salvationarmy.org)



Due to COVID-19: Applications will be **ONLINE ONLY**

## 2022 Application Guidelines:

# The Sun Santa Fund

Sun Santa is pleased to again work with **Community Teamwork, Inc.**, and **The Salvation Army** to help area families in need during the holidays. All interviews for assistance from The Sun Santa Fund will be conducted by these agencies. Due to COVID-19 concerns, applications will be **ONLINE ONLY**, no in-person application sessions.

**Please note each agency's documentation policy.**

\*\*\*

### The Salvation Army

Starts **Monday, Oct. 3**, and runs until the agency's Angel Tree Assistance Program reaches capacity. Serving Lowell, Billerica, No. Billerica Chelmsford, No. Chelmsford, Dracut, Dunstable, Tewksbury, Tyngsboro and Westford. Please: **NO REQUESTS** for bikes, computers, video game systems, etc. Applications will not be considered complete until **all documentation** has been uploaded. Appointments will be scheduled after applications are complete.

#### Required information:

- Birth certificates for **EACH** child under age 16\*
- Photo ID for Parent/Guardian
- Proof of Address
- A valid email address to confirm follow-up appointments

\* Guardianship papers to be uploaded under Birth Certificate tab

**Website link:** [www.saangeltree.org](http://www.saangeltree.org)

**Questions/Assistance:**

Dianne James, 978-458-3396; [dianne.james@use.salvationarmy.org](mailto:dianne.james@use.salvationarmy.org)

\*\*\*

### Community Teamwork

**Tuesday, Nov. 1 through Tuesday, Nov. 8.**

#### Required information:

- Full names and dates of birth for **EACH** child under age 16 required
- Applicants will self-certify their information
- Due to COVID-19, no hard copy/uploaded documents will be required.

**Website link:** <https://bit.ly/3nNgsE4>

**Questions/Assistance:**

Christine DeFeo, [cdefeo@commteam.org](mailto:cdefeo@commteam.org)

\*\*\*

Only one person for each family may apply. **Any family applying through more than one agency will not be eligible.** Toy vouchers are available for eligible children through age 16.

**To donate to The Sun Santa Fund:**

[www.lowellsun.com/sunsanta](http://www.lowellsun.com/sunsanta)

By mail: The Sun Santa Fund, PO Box 2439, Lowell, MA 01851

Ad space donated by The Lowell Sun,  
a division of Media News Corp.



## Thanksgiving & Christmas Support From The Salvation Army

The Salvation Army is opening up its sign-ups for its "Angel Tree Project" earlier than usual this year. Applications will open on October 3rd and remain open only until capacity has been reached.

See the attached flyer for all of the eligibility and documentation requirements in order to qualify for support.

For more information contact Dianne James at 978-458-3396 or through email at [Dianne.James@use.salvationarmy.org](mailto:Dianne.James@use.salvationarmy.org)



[Click Here For The Application](#)

Open Available October 3rd



The Salvation Army Lowell

**THANKSGIVING & CHRISTMAS ASSISTANCE 2022**

Application Open Oct. 3, 2022  
WWW.SAANGELTREE.ORG  
or use the QR code below code  
Limited capacity

**REQUIRED DOCUMENTS**

- Birth certificates for all children ages 16 and under
- Photo ID for Parent or guardian
- Proof of Address
- Valid email address is required so we can make your appointment etc.

**PLEASE NOTE**

- Application NOT complete until ALL DOCUMENTS have been received
- Families of 2 or more may apply
- You may only apply to one agency
- Please: NO requests for Bikes, Computer, video game systems etc.

**SERVING THE FOLLOWING COMMUNITIES**

- Lowell
- Billerica,
- N Billerica
- Chelmsford,
- N Chelmsford
- Dracut
- Dunstable
- Tewksbury
- Tyngsborough
- Westford



Dianne.James@use.salvationarmy.org  
or call 978-458-3396 with questions

The Salvation Army Lowell

**ASISTENCIA DE ACCIÓN DE GRACIAS Y NAVIDAD 2022**

Solicitud abierta el 3 de octubre de 2022  
WWW.SAANGELTREE.ORG  
o use el código QR a continuación  
Aforo limitado

**DOCUMENTOS REQUERIDOS**


- Certificados de nacimiento para todos los niños menores de 16 años ( Los documentos de envío del guardián se cargarán en la pestaña del certificado de Nacimiento)
- Identificación con foto para padre/tutor
- Comprobante de domicilio
- Se requiere una dirección de correo electrónico válida para que podamos comunicar citas, etc.

**TENGA EN CUENTA**

- Solicitud NO completa hasta que se hayan recibido TODOS LOS DOCUMENTOS
- Las familias de 2 o más pueden aplicar
- Solo puede aplicar a una agencia
- Por favor: NO solicite bicicletas, computadoras, sistemas de videojuegos, etc.

**AL SERVICIO DE LAS SIGUIENTES COMUNIDADES**

- Lowell
- Billerica,
- N Billerica
- Chelmsford,
- N Chelmsford
- Dracut
- Dunstable
- Tewksbury
- Tyngsborough
- Westford



Dianne.James@use.salvationarmy.org  
or call 978-458-3396 with questions

## Community Resources & Daycare Options for Families

Looking for before or after school daycare options for your child? Here is a short list of options and information for your consideration.

[Here is a list of daycare options in Lowell:](#)

- **Community Team Work (CTI)** (978) 454-5100
  - Families who are already enrolled in a CTI program...
    - Call or text school-age coordinators to request a slot
      - Billy 978-995-0028, [wma@commteam.org](mailto:wma@commteam.org)
      - Karen 978-729-7216, [kshannon@commteam.org](mailto:kshannon@commteam.org)
  - Families who are not enrolled in a CTI program
    - If you've filled out a CTI application in the past...
      - Contact Karen (978) 729-7216, [kshannon@commteam.org](mailto:kshannon@commteam.org) to see if where you are on the waitlist (if there is a waitlist)
    - If you've never filled out a CTI application...
      - Fill out an application at 17 Kirk St., 126 Phoenix Ave
      - Or call the main CTI number (978) 454-5100 to request an email version of the application.
- **YMCA:** (978) 454-7825; 1 YMCA Dr in Lowell
  - Karen Espinola is the school-age director
    - Fill out a application online or at the YMCA to request a slot
  - Debbie Doben is the preschool director if your child is preschool age

- **Family Childcare:** Call programs to see if they have openings near you
  - Bethel Family Childcare (978) 458-6577
  - Clarendon Family Childcare (978) 454-3026
  - Child Development and Learning (CDE) (978) 275-2843
  - ACRE Family Childcare (978) 937-5899
  - CTI: See above contact information
  
- **Girls Inc:** (978) 458-6529, 220; Worthen St. in Lowell
  - Accept girls ages 5-14 years old
  - Accept Child Care Circuit vouchers, DCF vouchers, and private pay (income-based, sliding scale)
  - Call Pam Lerocque (Director of Finance & Administration) to check on openings
  
- **Boys and Girls Club:** (978) 458-4526; 657 Middlesex St in Lowell
  - School-age openings for after-school
  - Teens who are working with the Department of Children and Families can call BGC or DCF to see if they're eligible

## Local Food Support

Do you need support with food options for your family. No need to worry...there are many local groups that can offer support for you during your time of need.



Click the link below for a list of local food pantries that are willing to help.

You can also reach out to Mrs. De La Luz, McAvinnue's Social Worker, for support navigating these and other options.



Greater-Lowell-Area-Pantry-List 8-27-20 (1).xlsx

[Download](#)

15.3 KB

## McAvinnue's Family Read-A-Loud

### "Tough Cookie: A Christmas Story"

🌟 Kids Book Read Aloud: TOUGH COOKIE - A CHRISTMAS STORY by Edward Hemingway



## McAvinnue's School Website

Check out our school website where you can find a wealth of information including school news, calendars, and other events.

Please visit our website at: <https://www.lowell.k12.ma.us/mcavinnue>



## Follow McAvinnue On Social Media

You can follow McAvinnue on social media at the following sites! We update things daily and this is a great way to stay in touch with all of the amazing things that are happening inside and out of "the best school we all know"!

FaceBook: <https://www.facebook.com/McAvinnueElementarySchool>

Twitter:

<https://twitter.com/McAvinnueLPS>

Instagram:

<http://instagram.com/mcavinnueelementarylps>

YouTube:

[https://www.youtube.com/channel/UC7hxiBuRjgjqfASl\\_RLMleQ](https://www.youtube.com/channel/UC7hxiBuRjgjqfASl_RLMleQ)











## Our Vision

 Facebook     @McAvinnueLPS

McAvinnue Elementary School is a place...where there are **high expectations**, where students are **academically engaged**, where instruction is guided by a **systematic approach to examine data**, where there is a **multi-tiered system of support**, and where a responsive environment that fosters **social emotional connections** between faculty and students prevails.

**#McAvinnuePride #BeTheDifference #NextLevel**

 131 Mammoth Road, Lowell, M...     [mdomina@lowell.k12.ma.us](mailto:mdomina@lowell.k12.ma.us)  
 (978) 937-2871     [lowell.k12.ma.us/Domain/21](http://lowell.k12.ma.us/Domain/21)

